



The latest scientific research on
Alzheimer • Frailty/Sarcopenia • Nutrition • Nursing Home

OUR TEAM WISHES YOU A HAPPY NEW YEAR

ALZHEIMER

Clinical Trials on Alzheimer's Disease (CTAD) (San Diego, USA, December 8-10, 2016)

The abstracts of the CTAD are available in PDF format, you can download them on [this link](#). The password is Ctdad2016

FRAILITY/SARCOPENIA

Measuring Activity Performance of Continuing Care Residents Using the Activpal

Few studies have measured the activity patterns of continuing care residents using accelerometers. This exploratory study described the activity performance of continuing care residents and explored the correlation of activity performance with grip strength, falls and mobility.

Read the paper

[Read the paper >](#)

NUTRITION

Higher Protein but Not Energy Intake Is Associated with a Lower Prevalence of Frailty

A 1 g/kg protein intake was associated with a lower prevalence of frailty in community-dwelling older subjects. This observation adds to the literature, suggesting increasing the daily protein intake to at least 1 g/kg for older adults aged 65 and more.

[Read the paper >](#)

CONGRESS AGENDA

ICFSR 2017
Conference on Frailty & Sarcopenia Research

27-28 April, 2017

Barcelona, Spain

Program available

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IAGG 2017

23-27 July, 2017

San Francisco, USA

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CTAD
10th Clinical Trials on Alzheimer's Disease

November 2-4, 2017

Boston USA

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