# NEWSLETTER aging-news.net

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### The latest scientific research on Alzheimer • Frailty/Sarcopenia • Nutrition • Nursing Home

#### FRAILTY/SARCOPENIA

JF

# Relationship between the fear of falling and perceived difficulty with grocery shopping

The recent study by C.S. Johnson examined the relationship between the fear of falling and difficulty with grocery shopping among seniors, taking into account their functional capacity. Fifty-six percent of participants reported difficulty with grocery shopping.

Read the paper

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## **European Prevention of Alzheimer's Dementia Consortium**

This European consortium aims to set up initiatives to prevent Alzheimer's disease and to better understand the biological mechanisms of this disease. Initially, a register of 24,000 subjects is to be established from which a cohort of 2,000 people with a pre-Alzheimer's disease stage will be established and who will be proposed to participate in therapeutic trials with the new Molecules under development.

Read the paper

## Precision Medicine - The Golden Gate for Detection, Treatment and Prevention of Alzheimer's Disease

The age-related loss of skeletal muscle and function are risk factors for osteoporosis and fractures. Kelaidi E et al, Osteoporos Int. 2016 Jul 14 found that higher adherence to the Mediterranean diet score was significantly associated with greater fat-free mass and leg explosive power suggesting a role for the Mediterranean Diet in prevention of loss of muscle outcomes. Read the paper >

## **CONGRESS AGENDA**

ICFSR 2017 International Conference on Frailty & Sarcopenia Research 27-28 April, 2017 Barcelona, Spain Final Program

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IANA2017 The 12th International Academy on Nutrition and Aging <u>"Nutrition and</u> <u>maintaining functions</u> <u>with aging"</u> Sunday 23rd July, 2017 San Francisco, USA

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EUGMS Developing Prevention Actions in Geriatrics 20-22 September 2017 Nice, France

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**NURSING HOME** 13-14-15 October, 2017 Saint Louis, USA For oral communication and poster call for abstracts: deadline June 26, 2017

## CTAD\_

10<sup>th</sup> Clinical Trials on Alzheimer's Disease November 2-4, 2017 Boston USA Online submission is now open, Deadline to submit is June 8

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