



**PRESS RELEASE**

**The Sarcopenia Project Symposium**  
At the International Conference on Frailty and Sarcopenia Research (ICFSR) on Thursday, April 27, researchers from multiple institutions working collaboratively as part of the Sarcopenia Definitions and Outcomes Consortium, which is funded by the National Institute on Aging (NIA) and the Foundation for the National Institutes of Health (fNIH), presented preliminary results from analysis of data from more than 20,000 older adults. This analysis suggests that commonly used measures of muscle strength, walking speed, and body size can be combined to diagnose sarcopenia.

[Read the press release](#)

**NUTRITION**

**Effect of Green tea (Camellia Sinensis) Consumption on the Components of Metabolic Syndrome in Elderly**

The consumption of green tea was effective in inducing weight loss, reducing BMI and waist circumference in the elderly with Metabolic Syndrome.

[See more](#)

**ALZHEIMER**

**Diabetes Mitigates the Role of Memory Complaint in Predicting Dementia Risk: Results from the Prevention of Alzheimer's Disease with Vitamin E and Selenium Study**  
Subjective memory complaints (SMCs) are associated with increased risk of dementia in older adults, but the role of comorbidities in modifying this risk is unknown. The Objectives of the recent study by Zhang et al (USA) is to assess whether comorbidities modify estimated dementia risk based on Subjective memory complaints

[See more](#)

**CONGRESS AGENDA**

**IANA2017**

**The 12th International Academy on Nutrition and Aging**  
**“Nutrition and maintaining functions with aging”**

Sunday 23rd July, 2017  
San Francisco, USA

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**IAGG 2017**

23-27 July, 2017  
San Francisco, USA

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**NURSING HOME**

13-14-15 October, 2017  
Saint Louis, USA

**For oral communication and poster call for abstracts: deadline June 26, 2017**

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**CTAD**

**10<sup>th</sup> Clinical Trials on Alzheimer's Disease**

November 2-4, 2017  
Boston USA

**Online submission is now open,  
Deadline to submit is June 8**

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