

FRAILTY ASIA CHINA CONFERENCE

OCTOBER 12-13, 2019 BEIJING ♦ CHINA

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SPONSORING ORGANIZATIONS

Toulouse Gérontopôle, WHO Expert Center on Frailty, University Hospital of Toulouse
China Association of Gerontology and Geriatrics
Natural Science Foundation of China (NSFC)
National Clinical Research Center for Geriatric Disorders (NCRCGD)





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Jean Woo, MD, PhD,
Faculty of Medicine, University of Hong Kong, Hong Kong

Saturday, OCTOBER 12 HILTON BEIJING

8.30 a.m **Opening ceremony**

9.00 a.m **KEYNOTE 1**
IAGG World Academy and Icope teachings
Jean-Pierre Michel - Geneva, Switzerland

9.20 a.m **ORAL COMMUNICATIONS SESSION**

9.20 a.m **OC1 - Prevalence of two subtypes of cognitive frailty in Community-Dwelling elderly Chinese people**

Qingwei Ruan ⁽¹⁾, Feng Xiao ⁽²⁾, Weibin Zhang ⁽¹⁾, Xiaodong Wang ⁽²⁾, Min Zhang ⁽²⁾, Zhuowei Yu ⁽¹⁾
⁽¹⁾Shanghai Institute of Geriatrics and Gerontology, Shanghai Key Laboratory of Clinical Geriatrics, Department of Geriatrics, Huadong Hospital, and Research Center of Aging and Medicine, Shanghai Medical College, Fudan University, Shanghai, China, ⁽²⁾Zhoujiaqiao Community Health Service Centre, Shanghai, China

9.30 a.m **OC2 - Metabolic signatures of muscle mass loss in a healthy aged retirement community in Taiwan**

C.M. Lin ⁽¹⁾, C.J. Lo ⁽²⁾, M.L. Cheng ⁽²⁾
⁽¹⁾Chang Gung Memorial Hospital - Taiwan (Taiwan), ⁽²⁾Chang Gung University - Taoyuan (Taiwan)

9.40 a.m **OC3 - Prevalence of normal-weight obesity in community-dwelling Chinese older adults: results from Beijing Longitudinal Study of Aging**

T. Ji, Z. Tang, F. Sun, Y. Li, L. Ma
Xuanwu Hospital - Beijing (China)

9.50 a.m **OC4 - Association between Chronic Disease Status, Sarcopenia and Grip Strength among Middle-age and Elderly Population in Taiwan - The Chiayi Community-based Elderly Health Survey (CCEHS)**

N.F. Chu, D.M. Wu
School of Public Health, NDMC - Taipei (Taiwan)

10.00 a.m **OC5 - Working Memory Assessment Through Pun Completion**

N. Picard ⁽¹⁾, F. Kao ⁽¹⁾, B. Dost ⁽²⁾, J. Robles ⁽³⁾
⁽¹⁾MemoryBeach Company - Chicago (United States), ⁽²⁾DePaul University - Chicago (United States),
⁽³⁾University of Illinois at Chicago - Chicago (United States)

10.10 a.m **OC6 - The prevalence of multimorbidity in elderly inpatients of China**

L. Ma, Y. Li, L. Zhang
XuanWu Hospital, Capital Medical University - Beijing (China)

10.20 a.m **OC7 - Preventing Frailty and Sarcopenia with Renin-Angiotensin System (RAS) Blockade: Observations with Angiotensin Converting Enzyme Inhibitors (ACEIs) And Angiotensin Receptor Blockers (ARBs) in Clinical Usage**

T.P. Ng ⁽¹⁾, M.S.Z. Nyunt ⁽¹⁾, Q. Gao ⁽¹⁾, X. Gwee ⁽¹⁾, S.L. Wee ⁽²⁾, K.B. Yap ⁽³⁾
⁽¹⁾National University of Singapore - Singapore (Singapore), ⁽²⁾Geriatric Education and Research Institute - Singapore (Singapore), ⁽³⁾Ng Teng Fong Hospital - Singapore (Singapore)

10.30 a.m  *Coffee break and poster sessions*

11.00 a.m **KEYNOTE 2**
How to tackle Frailty in Japan?
Hidenori Arai, MD, PhD, President, National Center for Geriatrics and Gerontology, Tokyo, Japan

Saturday, OCTOBER 12 **HILTON BEIJING**

11.20 a.m ORAL COMMUNICATIONS SESSION

11.20 a.m **OC8** - Anthropometric Characteristics, Sarcopenia and Grip Strength among Elderly Population in Taiwan - The Chiayi Community-based Elderly Health Survey

N.F. Chu ⁽¹⁾, D.M. Wu ⁽¹⁾, Y.C. Lin ⁽²⁾

⁽¹⁾School of Public Health, - Taipei (Taiwan), ⁽²⁾Chiayi County Health Bureau - Chiayi County (Taiwan)

11.30 a.m **OC9** - A new physical-cognitive scale for assessment of frailty in Chinese Han elderly
Y.X. Li ⁽¹⁾, X.Y. Jiang ⁽²⁾, C. Stone ⁽³⁾, Y.J. Ma ⁽¹⁾, Q. Liu ⁽¹⁾, Z.H. Hu ⁽¹⁾, X.D. Li ⁽¹⁾, X.F. Wang ⁽⁴⁾, S.J. Li ⁽¹⁾

⁽¹⁾Department of Neurology, Beijing Chaoyang Hospital, Capital Medical University - Beijing (China),

⁽²⁾Department of Pathology and Pathophysiology, Tongji University School of Medicine - Shanghai (China),

⁽³⁾Department of Neurological Surgery, Wayne State University School of Medicine - Detroit (United States),

⁽⁴⁾Unit of Epidemiology, MOE Key Laboratory of Contemporary Anthropology, State Key Laboratory of Genetic Engineering School of Life Sciences, Institutes of Biomedical Sciences, Fudan University - Shanghai (China)

11.40 a.m **OC10** - The predictive value of phase angle in detecting Frailty of elderly inpatients
X. Sun, X. Ouyang, W. Yu, J. Hu, L. Ye, J. Chen, B. Lu

Beijing (China)

11.50 a.m **OC11** - Frailty Status and the Influencing Factors among the community-dwelling Elderly Aged 75 and older

Y. Wang

Fudan University - Shanghai (China)

12.00 p.m  *Lunch and poster sessions / Symposium Lunch Box*

1.00 p.m SYMPOSIUM 1

WHO Program on Integrated Care for Older Persons to maintain functions and prevent dependency in senior

- How to implement the WHO ICOPE program worldwide
Islene Araujo de Carvalho, MD, MPH, Ageing and Life Course Department, World Health Organization (WHO), Geneva, Switzerland
- The experience of implementing the WHO ICOPE program in Europe, France
Bruno Vellas, MD, PhD Toulouse University Hospital, WHO collaborative center for Frailty, Clinical Research and Geriatric training, Toulouse, France
- Implementing the WHO ICOPE program in Mainland China
Piu Chan, MD, PhD Xuanwu Hospital, Capital Medical University, Beijing, China

ROUNDTABLE

Precise description of the ICOPE program: step 1 and step 2, how to assess the 5 Intrinsic capacities: Mobility, Cognition, Sensory (vision hearing), Psycho-social, vitality

Islene Araujo de Carvalho, MD, MPH, Piu Chan, MD, PhD, Lina Ma, MD, PhD,

Leocadio Rodríguez-Mañas, MD, PhD, Bruno Vellas, MD, PhD

2.30 p.m KEYNOTE 3

IAGG GARN and the research on Frailty and Intrinsic Capacity and the ICOPE program

Leocadio Rodríguez-Mañas, MD, PhD, Hospital Universitario de Getafe, Madrid Spain

Saturday, OCTOBER 12 **HILTON BEIJING**

2.50 p.m

KEYNOTE 4

Cell Therapy for the Treatment and Prevention of Aging-Related Frailty and Alzheimer's Disease

Joshua M. Hare, MD, FACC, FAHA Co-Founder & Chief Science Officer, Longeveron LLC, Miami - USA

3.10 p.m

ROUNDTABLE

Development and Validation of Frailty Assessments among Chinese Older Adults in Multiple Settings: Is a Universal Measurement in Sight?

C. Wu ⁽¹⁾, L. Ma ⁽²⁾, M. Zhao ⁽³⁾

⁽¹⁾Duke Kunshan University - Kunshan (China), ⁽²⁾Xuanwu Hospital Capital Medical University - Beijing (China), ⁽³⁾Shandong University - Jinan (China)

3.40 p.m

KEYNOTE 5

Barriers and facilitators in implementation of the ICOPE program in Hong Kong

Jean Woo, MD, PhD , Geriatrics Faculty of Medicine Director, CUHK Jockey Club Institute of Ageing, SH Ho Centre for Gerontology and Geriatrics Director, Centre for Nutritional Studies The Chinese University of HongKong, Hong Kong

4.00 p.m



Coffee Break and poster sessions

4.30 p.m

FLASH COMMUNICATIONS

4.30 p.m

FC1 - Physiological background of the overall working ability in the elderly subjects

O. Poliakov, O. Tomarevskaya

Institute of Gerontology by D.F. Chebotarev National Academy of Medical Sciences of Ukraine
Kyiv (Ukraine)

Sunday,
OCTOBER 13

**Frailty China will be held
at the Xuanwu Hospital of Capital
Medical University**

No.45 Changchun Street, Xicheng District,
Beijing 100053, China





ACCOMMODATIONS

Book your accommodation at the Conference Venue
We have negotiated special price to stay
at the Hilton Beijing.

Hilton Beijing

1 Dong Fang Rd, North Dongsanhuan Rd
Beijing, 100027 CHINA

Book your room on our website
www.frailty-china.com

